Partridge Pea: A Cover Crop for Hot and Humid Areas

From 2017 to 2021, NCAT's Subtropical Soil Health Initiative tested partridge pea as a cover crop in the subtropical Rio Grande Valley of South Texas. This tipsheet was developed in part from the findings of those field trials.

Introduction

Most Cassia, also known as Chamaecrista, are small trees, but there are a couple species that lend themselves to use as cover crops. The first is C. rontundifolia, or round-leaf Cassia, which has a prostrate growth habit and grows about a meter wide. It's native to the Americas and distributed from Mexico and the Caribbean in the north to Argentina in the south. The other species is C. fasciculata, or partridge pea, which has an upright growth habit. It is native to Texas, the southeastern United States. and Mexico. Partridge pea is relatively untouched by disease and suffers from few pests. It can be seen blooming in pastures until frost.

Partridge pea is adaptable to areas where there is adequate drainage, as well as moisture. In other words, it appreciates sandy soils. It also does well on the depleted red clay soils of southern China. These soils are low in macronutrients, micronutrients, and trace elements, as well as high in aluminum, but, nonetheless, round-leaf Cassia is productive (Hacker et al., 1997). These red clay soils are somewhat similar to those found throughout the humid southern United States.

Cassia should not be grazed by cattle while it is in later stages of growth, i.e., after flowering, due to toxicity issues. It is not recommended for horses. The root was once traditionally used in Native American medicine as a stimulant and to increase stamina (Hamel and Chiltoskey, 1975).



A honey bee visits this partridge pea flower, collecting pollen and nectar for its hive. Photo: Justin Duncan, NCAT

Soil Nutrients

As a cover, Cassia is effective at reclaiming surface-mined areas due to its excellent pioneering potential. Mined areas are low in fertility, organic matter, macronutrients, and micronutrients, and especially soil flora and fauna and microorganisms. Cassia can flourish in these conditions and initiate the reclamation process (Gillman, 2014). It fixes nitrogen in good amounts, performing almost as well as an application of 100 pounds per acre N at fertilizing corn planted in its incorporated residue (Tanimu et al., 2007). In the lower Rio Grande Valley, it's a native plant. It performs very well on depleted soils and completes its lifecycle with minimal inputs. It also uses the native Rhizobium present in the soil there.



Partridge pea cover crop in Waller, Texas. Photo: Justin Duncan, NCAT

Organic Matter

Partridge pea positively and significantly improves organic matter content and quality over the long term. One study in China showed that *C. rotundifolia* consistently improved available nitrogen, soil phosphorous concentrations, soluble organic carbon, and other soil health parameters relating to organic matter percentage and microbial activity in the soil (Zhong et al., 2018).

Soil Moisture

While *C. fasciculata* is an annual, *C. rotundifolia* can be either annual or perennial, depending upon annual rainfall. It needs at least 24 inches per year to survive, but 35 inches will allow it to achieve perennial status. *C. rotundifolia* doesn't tolerate slow drainage or flooding very well, but *C. fasciculata* can tolerate wet soil. When conditions were dry, *C. fasciculata* in the Rio Grande Valley tended to progress faster physiologically and hasten towards seed production. In contrast, *C. rotundifolia* loses leaves under drought conditions, unless it's been heavily grazed (Hacker et al., 2001).

Pest Reduction

Australians have observed several fungal diseases of *C. rotundifolia* and infestation by green stink bugs (Cameron, 2010). In the Rio Grande Valley, we saw no diseases, but there were a few pods affected by borers. Otherwise, the plants were healthy despite the dry, hot conditions. In addition to being pest-free, they attracted many native pollinators and were nice to look at because of their showy flowers. In Malaysia, the relative *Cassia cobanensis* was found to be a host plant of several beneficial predators and parasitoids of oil palm pests

(Ahmad et al., 2012), and it's likely that a similar association is repeated in Texas for pests of other crops.

Weed Suppression

Partridge pea in the Lower Rio Grande Valley closed canopy cover very quickly after germination. While not quite as fast as buckwheat, it was certainly fast enough to be used as a nurse crop for another cover crop that takes longer to establish, like pigeon peas. This combination would be best completed with buckwheat in the mix because partridge peas take a while to germinate. In this scenario, the buckwheat would germinate in two to four days, close canopy, and then the partridge pea and pigeon peas would germinate. The buckwheat would start to fade quickly, and partridge pea would start to dominate and close canopy while the pigeon pea tap roots are drilling towards the water table. By the time the partridge pea starts to fade, the pigeon peas would

be in a good position because they would have both the buckwheat and the partridge pea residues to suppress weeds. Seeding rates for this combination would vary based upon weed seed reservoir and type.

Due to the aforementioned speedy establishment characteristic, partridge pea can itself be considered a serious weed in some places. Consequently, its applicability should be in long-term soil restoration projects, or for pasture improvement, rather than in vegetable production, unless the vegetable is something like pigeon peas, sunchokes, or sunflowers that wouldn't mind the understory competition.

Cost of Implementation

There are generally about 115,000 partridge pea seeds per pound, and five pounds are needed per acre. Planting by grain drill will increase germination rate efficiency, as will the use of a cultipacker. If allowed to set seed, partridge pea will readily establish itself, so one planting will often be enough. This is, of course, dependent upon the intended use. If it's in a vegetable field, timing will have to be synchronized and harmonized with the growing season of the partridge pea to maximize its utility. For example, once the seeds dry, in August, then the partridge pea can be mown and the field prepared for fall crops. Some of the seeds may germinate out of season and grow along with the fall garden, but the bulk of the seeds should remain dormant until the following spring. After the fall vegetables have finished, in March or April, the field can be prepared again and the partridge peas will be in an excellent position to cover the plot for the summer, when many Texas vegetable producers take a break due to the extreme heat. Equipment needed for effective management includes a rotary mower and a disc/tiller combination or, preferably, a reciprocating spader.

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Appendix A: Partridge Pea Agronomic Data

USDA hardiness zone	3-11
Soil pH	5.0-7.5
Soil type	Any
Seeding rate (lb/acre)	5-10
Nitrogen fixed (lb/acre)	100
Dry matter (tons per acre)	1.87
Erosion reduction	High
Weed supression	High
Provides hay?	No
Provides secondary product?	Yes, medicinal
Grazing?	No

Soil compaction	No evidence
Seed size	0.3cm
Salinity	Not tolerant
Beneficial insects	Pollinators
Response to mycorrhizae	Positive
Germination rate	48%
Germination time	25 days
Inoculant group	Cowpea
Water use stage	Medium
Water use in max. use stage	Mature

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